



Gerald Middleton DDS
PARKSIDE DENTAL AT RIVERWALK

Rinse

Chlorhexidine Gluconate Oral Rinse USP, 0.12%

Rinse with 15ml for 30 seconds, once daily, for 7 consecutive days a month.

Spry Xylitol Rinse

Rinse with 15ml for 30 seconds, twice daily, for the remaining 3 weeks of the month.



Brush

Clinpro 5000 1.1% Sodium Fluoride Anti-Cavity Toothpaste

After using the rinse, use a small pea-size amount of Clinpro and brush your teeth for at least two minutes, then spit out excess toothpaste. Do not rinse. Do not eat or drink for at least 30 minutes after brushing. Brush with Clinpro 2 x a day.



All products should be stored out of children's reach.

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